

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

**Total  
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
24.3	22.1	19.8	14.7	14.7	13.2	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	7.3	6.4	5.1	5.2	3.8	Decreased, 2013-2021	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

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Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
		21.3	18.0	18.0	13.6	Decreased, 2015-2021	Not available <sup>§</sup>	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			3.4	4.3	2.9	No linear change	Not available	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
7.9	6.1	6.2	7.4	13.1	13.4	Increased, 2011-2021	No quadratic change	No change

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Total Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
7.9	5.8	4.9	4.9	5.5	5.6	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
29.0	22.0	16.3	15.7	19.7	12.8	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	Decreased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
7.7	8.2	6.5	7.0	7.4	8.7	No linear change	No quadratic change	No change

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			8.4	9.7	9.2	No linear change	Not available <sup>§</sup>	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	11.3	8.6	4.7	5.5	7.3	Decreased, 2013-2021	Not available	No change

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#### Total Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	7.4	7.2	6.7	5.9	5.7	No linear change	Not available <sup>§</sup>	No change
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
15.3	14.2	14.6	13.2	12.8	10.1	Decreased, 2011-2021	No quadratic change	Decreased
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
12.8	8.3	9.3	10.8	9.2	10.3	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change

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### Los Angeles High School Survey 10-year Trend Analysis Report

#### Total Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
27.6	28.4	30.4	30.5	34.0	40.9	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
14.3	13.2	14.1	13.1	13.0	17.7	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
13.6	12.1	12.9	11.4	10.6	15.0	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
10.8	8.4	8.4	8.4	9.4	9.4	No linear change	No change, 2011-2015 No change, 2015-2021	No change

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Total  
Injury and Violence

Health Risk Behavior and Percentages

Linear Change\*

Quadratic Change\*

Change from  
2019-2021 †

2011	2013	2015	2017	2019	2021			
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
4.1	3.1	2.1	2.8	3.6	3.5	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Total Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)								
39.2	33.5	24.1	17.8	14.6	11.4	Decreased, 2011-2021	No quadratic change	Decreased
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)								
			5.9	5.8	4.9	No linear change	Not available <sup>§</sup>	No change
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
9.1	6.7	4.5	2.7	2.3	1.5	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
2.2	0.8	1.0	0.9	0.1	0.0	Not available	Not available	Not available

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Total  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
1.7	0.4	0.8	0.8	0.1	0.0	Not available	Not available <sup>§</sup>	Not available
Q34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		43.7	36.4	39.0	26.7	Decreased, 2015-2021	Not available	Decreased
Q35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		16.8	4.9	11.9	8.4	Decreased, 2015-2021	Not available	Decreased

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**Total  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		1.2	0.9	1.4	1.3	No linear change	Not available <sup>§</sup>	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		0.7	0.8	1.1	0.7	No linear change	Not available	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		17.1	5.6	11.0	7.9	Decreased, 2015-2021	Not available	Decreased

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Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			1.9	2.9	2.3	No linear change	Not available <sup>§</sup>	No change
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)								
			0.6	0.3	0.1	No linear change	Not available	No change
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)								
			0.6	0.2	0.0	No linear change	Not available	No change

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#### Total Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)								
8.5	5.9	4.4	2.7	3.5	1.7	Decreased, 2011-2021	No quadratic change	Decreased
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			6.1	11.6	8.0	Increased, 2017-2021	Not available <sup>§</sup>	Decreased
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.7	0.4	1.0	0.7	0.7	0.2	No linear change	No quadratic change	No change

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**Total  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
10.3	7.9	5.5	3.1	3.2	2.1	Decreased, 2011-2021	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
1.5	0.4	0.7	0.7	0.7	0.2	No linear change	No quadratic change	No change

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Total Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
25.5	18.1	15.2	15.5	14.9	14.1	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
32.9	27.6	21.7	22.4	21.2	14.5	Decreased, 2011-2021	No quadratic change	Decreased
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			8.3	6.1	4.3	Decreased, 2017-2021	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Total Alcohol and Other Drug Use</b>														
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change*</b>	<b>Quadratic Change*</b>	<b>Change from 2019-2021†</b>						
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>									
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)						1.5	0.7	Decreased, 2019-2021	Not available <sup>§</sup>	No change				
QN45: Percentage of students who ever used marijuana (one or more times during their life)						42.4	39.3	34.7	35.9	38.6	20.5	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased
QN46: Percentage of students who tried marijuana for the first time before age 13 years						12.3	9.3	7.8	7.2	7.6	5.4	Decreased, 2011-2021	No quadratic change	Decreased
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						22.4	20.3	16.6	19.1	22.0	9.9	Decreased, 2011-2021	No quadratic change	Decreased

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Total  
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		6.5	6.5	8.3	5.5	No linear change	Not available <sup>§</sup>	Decreased
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			10.6	15.5	11.7	No linear change	Not available	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
9.2	6.5	5.0	4.0	5.2	2.3	Decreased, 2011-2021	No quadratic change	Decreased

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### Los Angeles High School Survey 10-year Trend Analysis Report

Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
14.9	10.5	7.2	5.5	6.5	7.7	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
4.4	3.0	2.0	1.9	4.0	2.1	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
6.9	5.1	3.4	2.7	3.3	2.0	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
16.4	10.9	4.5	3.8	4.8	3.3	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)						No linear change	No quadratic change	No change
3.4	2.1	1.9	2.7	3.1	2.0			
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)						Decreased, 2011-2021	No quadratic change	Decreased
39.3	29.5	27.5	29.3	29.4	20.8			

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Total Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
QN57: Percentage of students who ever had sexual intercourse	38.9	32.7	27.6	30.0	30.2	20.4	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	5.7	4.1	3.8	3.8	3.9	2.8	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	9.2	7.7	5.7	6.9	5.7	3.4	Decreased, 2011-2021	No quadratic change	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)					18.2	12.5	Decreased, 2019-2021	Not available§	Decreased

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Total Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>						
2011	2013	2015	2017	2019	2021									
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)						14.3	15.9	No linear change	Not available <sup>§</sup>	No change				
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)						52.0	58.0	No linear change	Not available	No change				
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						16.6	14.8	12.8	10.4	12.1	7.3	Decreased, 2011-2021	No quadratic change	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)						10.4	4.6	Decreased, 2019-2021	Not available	Decreased				

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## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Total Weight Management and Dietary Behaviors</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change*</b>	<b>Quadratic Change*</b>	<b>Change from 2019-2021 †</b>
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>			
QN66: Percentage of students who described themselves as slightly or very overweight								
31.1	36.0	35.9	37.3	36.7	38.6	Increased, 2011-2021	No quadratic change	No change
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>								
16.9	17.8	19.9	18.4	19.2	20.0	Increased, 2011-2021	No quadratic change	No change
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>								
13.3	13.6	13.3	16.4	20.8	21.2	Increased, 2011-2021	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
				57.3	54.2	No linear change	Not available <sup>¶</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

¶Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Total Weight Management and Dietary Behaviors</b>						<b>Linear Change*</b>	<b>Quadratic Change*</b>	<b>Change from 2019-2021 †</b>
<b>Health Risk Behavior and Percentages</b>								
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
10.0	9.4	8.7	8.7	10.7	12.2	No linear change	No change, 2011-2017 Increased, 2017-2021	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
22.1	24.1	27.4	28.3	32.6	28.1	Increased, 2011-2021	Increased, 2011-2017 No change, 2017-2021	Decreased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
21.3	16.5	11.3	11.9	10.6	11.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
13.3	10.2	6.4	7.2	6.4	7.0	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	14.2	11.8	12.2	15.6	22.5	Increased, 2013-2021	Not available <sup>§</sup>	Increased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	35.6	38.4	35.8	30.3	23.5	Decreased, 2013-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Total  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
39.2	44.2	46.6	48.5	37.7	35.9	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
17.7	15.0	14.1	14.2	18.0	18.3	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
19.9	22.5	23.2	23.9	20.5	18.4	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Total  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)								
63.4	61.0	61.1	63.2	60.7	58.7	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)								
33.8	33.9	36.7	43.5	25.6	27.9	No linear change	No quadratic change	No change
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)								
			16.2	16.9	14.5	No linear change	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
	2011	2013	2015	2017	2019	2021			
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)									
			69.6	71.7	67.5	69.6	No linear change	Not available <sup>§</sup>	No change
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)									
			1.9	1.8	2.2	1.4	No linear change	Not available	No change
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)									
			30.2	30.5	26.0	27.8	Decreased, 2015-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
	2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender									
			1.0	1.0	1.7	Increased, 2017-2021	Not available <sup>§</sup>	No change	
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine									
	10.0	12.7	14.5	20.3	17.8	Increased, 2013-2021	Not available	No change	
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)									
			14.3	14.8	15.2	No linear change	Not available	No change	

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
	2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)									
	9.4	9.7	9.3	5.6	8.6	11.9	No linear change	Decreased, 2011-2017 Increased, 2017-2021	Increased
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)									
				15.6	16.8	22.8	Increased, 2017-2021	Not available <sup>§</sup>	Increased
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)									
	65.1	59.9	53.0	54.4	46.1	37.7	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Total  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
3.8	3.2	2.5	2.6	3.6	2.6	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
9.7	6.7	5.9	6.2	6.3	3.8	Decreased, 2011-2021	No quadratic change	Decreased
QN96: Percentage of students who are sexually attracted to females and males								
		5.2	7.2	9.2	13.6	Increased, 2015-2021	Not available <sup>§</sup>	Increased
QN97: Percentage of students who had oral sex								
36.2	28.3	26.6	29.8	31.9	20.1	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
	2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex									
	14.0	9.8	10.2	9.0	12.8	6.6	Decreased, 2011-2021	No quadratic change	Decreased
QN101: Percentage of students who have been taught about AIDS or HIV infection in school									
	82.0	79.4	78.1	76.3	74.6	60.2	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN102: Percentage of students who have had sex education in school									
			70.3	72.0	64.8		No linear change	Not available <sup>§</sup>	Decreased
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)									
				25.2	17.5		Decreased, 2019-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
	2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma									
	16.4	19.4	19.7	20.9	18.1	17.5	No linear change	Increased, 2011-2015 No change, 2015-2021	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem									
				67.4	63.2	56.7	Decreased, 2017-2021	Not available <sup>§</sup>	Decreased
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school									
					61.6	61.2	No linear change	Not available	No change
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school									
					67.6	66.8	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
	2011	2013	2015	2017	2019	2021			
QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)									
			58.9	59.4	61.6	No linear change	Not available <sup>§</sup>	No change	

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
25.1	19.9	20.6	14.0	15.2	12.4	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	7.7	7.6	4.6	4.4	3.7	Decreased, 2013-2021	Not available <sup>§</sup>	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
		25.1	19.7	17.5	16.6	Decreased, 2015-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Male  
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			4.1	6.1	3.9	No linear change	Not available <sup>§</sup>	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
7.7	5.0	6.3	6.3	11.1	10.5	Increased, 2011-2021	No quadratic change	No change
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
10.4	6.7	6.6	5.7	5.9	6.8	Decreased, 2011-2021	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Male  
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
36.3	25.3	21.1	18.2	25.1	15.8	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	Decreased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
5.8	6.3	6.0	6.0	7.2	6.4	No linear change	No quadratic change	No change
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			5.1	7.0	5.7	No linear change	Not available§	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
<p>QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
	7.5	6.3	3.4	4.0	4.5	Decreased, 2013-2021	Not available <sup>§</sup>	No change
<p>QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
	7.2	7.5	6.6	4.9	5.9	No linear change	Not available	No change
<p>QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)</p>								
14.0	11.7	12.6	11.6	11.2	8.6	Decreased, 2011-2021	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
9.5	6.8	6.9	7.9	7.3	8.4	No linear change	No quadratic change	No change
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
19.2	19.0	23.3	23.5	24.7	29.2	Increased, 2011-2021	No quadratic change	No change
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
9.5	8.0	10.4	9.6	8.8	13.0	No linear change	No quadratic change	Increased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
10.4	7.9	11.6	8.8	6.7	10.8	No linear change	No quadratic change	Increased
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
8.5	5.9	6.5	7.5	8.9	8.5	No linear change	No quadratic change	No change
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
4.2	2.5	2.1	3.4	3.8	4.0	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)								
39.9	34.7	26.6	16.9	14.7	10.7	Decreased, 2011-2021	No quadratic change	No change
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)								
			7.3	5.9	5.0	No linear change	Not available§	No change
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
11.0	6.8	6.0	3.3	3.2	1.4	Decreased, 2011-2021	No quadratic change	Decreased
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
3.1	1.2	1.3	1.3	0.2	0.0	Not available	Not available	Not available

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
2.5	0.5	1.0	1.1	0.2	0.0	Not available	Not available <sup>§</sup>	Not available
Q34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		46.4	37.5	36.6	22.9	Decreased, 2015-2021	Not available	Decreased
Q35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		17.8	6.1	12.5	5.5	Decreased, 2015-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		2.1	1.0	1.9	0.9	No linear change	Not available <sup>§</sup>	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		1.1	0.8	1.5	0.5	No linear change	Not available	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		18.0	7.0	11.5	4.9	Decreased, 2015-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †			
2011	2013	2015	2017	2019	2021						
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)						1.6	3.1	2.7	No linear change	Not available <sup>§</sup>	No change
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)						0.7	0.4	0.0	Not available	Not available	Not available
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)						0.7	0.3	0.0	Not available	Not available	Not available

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)								
11.8	7.1	5.5	3.7	4.9	1.8	Decreased, 2011-2021	No quadratic change	Decreased
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			7.8	12.0	4.8	Decreased, 2017-2021	Not available <sup>§</sup>	Decreased
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
2.4	0.6	1.3	1.0	1.2	0.1	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
13.0	8.4	6.8	4.0	4.3	1.8	Decreased, 2011-2021	No quadratic change	Decreased
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
2.1	0.6	0.9	1.0	1.0	0.1	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
27.5	18.6	17.2	16.4	17.9	12.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
32.0	24.0	20.0	19.9	18.9	12.6	Decreased, 2011-2021	No quadratic change	Decreased
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			7.6	5.5	3.6	Decreased, 2017-2021	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male

#### Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†						
2011	2013	2015	2017	2019	2021									
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)						2.0	1.0	No linear change	Not available <sup>§</sup>	No change				
QN45: Percentage of students who ever used marijuana (one or more times during their life)						43.8	38.4	32.7	34.4	36.5	18.7	Decreased, 2011-2021	No quadratic change	Decreased
QN46: Percentage of students who tried marijuana for the first time before age 13 years						15.1	9.6	9.2	7.9	8.4	4.9	Decreased, 2011-2021	No quadratic change	Decreased
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						24.8	20.0	17.4	19.0	22.0	9.1	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		6.4	7.9	9.0	5.8	No linear change	Not available <sup>§</sup>	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			10.9	14.3	9.7	No linear change	Not available	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
9.5	7.5	5.8	4.0	7.1	3.0	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male

#### Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
12.4	8.4	6.4	4.3	5.9	7.1	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
6.7	4.0	2.8	2.5	5.7	3.1	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
8.0	6.4	4.6	2.5	4.2	2.4	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
15.5	10.2	5.1	4.3	6.3	4.0	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male

#### Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
4.7	3.0	2.6	3.0	3.9	2.7	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
37.1	31.1	30.1	29.5	30.9	20.6	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
QN57: Percentage of students who ever had sexual intercourse	43.2	37.2	32.7	34.3	36.7	22.1	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	9.0	5.5	5.7	5.3	5.1	3.3	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	12.8	10.5	9.5	9.5	8.6	5.3	Decreased, 2011-2021	No quadratic change	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)					19.7	12.7	Decreased, 2019-2021	Not available§	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>						
2011	2013	2015	2017	2019	2021									
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)						16.0	20.0	No linear change	Not available <sup>§</sup>	No change				
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)						62.2	61.1	No linear change	Not available	No change				
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)						16.6	15.2	13.7	10.1	13.7	7.9	Decreased, 2011-2021	No quadratic change	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)						10.7	4.3	Decreased, 2019-2021	Not available	Decreased				

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN66: Percentage of students who described themselves as slightly or very overweight								
28.3	31.3	31.0	33.5	32.7	38.2	Increased, 2011-2021	No quadratic change	No change
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>								
15.9	17.2	15.9	17.2	17.0	18.6	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>§</sup>								
19.8	18.1	16.6	21.0	25.9	25.7	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
QN67: Percentage of students who were trying to lose weight								
				48.4	49.2	No linear change	Not available <sup>¶</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

¶Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Male</b> <b>Weight Management and Dietary Behaviors</b>						<b>Linear Change*</b>	<b>Quadratic Change*</b>	<b>Change from 2019-2021<sup>†</sup></b>
<b>Health Risk Behavior and Percentages</b>								
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
11.1	11.3	11.2	10.6	12.8	12.7	No linear change	No quadratic change	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
18.9	23.9	22.9	22.4	29.3	28.2	Increased, 2011-2021	No quadratic change	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
24.8	18.0	14.5	14.4	12.1	14.8	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Male

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
14.8	11.5	8.1	9.0	8.1	9.0	Decreased, 2011-2021	No quadratic change	No change
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	13.3	10.6	11.9	15.8	19.4	Increased, 2013-2021	Not available <sup>§</sup>	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	40.0	41.3	39.0	31.8	27.5	Decreased, 2013-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
46.5	49.9	54.6	56.7	45.0	42.7	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
13.9	12.3	12.0	11.9	14.5	14.9	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
26.0	28.8	30.3	30.7	26.4	23.6	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)								
63.2	62.4	61.1	66.1	61.9	59.5	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)								
32.5	34.3	34.0	43.9	28.2	30.5	No linear change	No quadratic change	No change
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)								
			16.9	21.2	16.4	No linear change	Not available§	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.



2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
	2011	2013	2015	2017	2019	2021			
	QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			68.5	70.4	65.4	67.2	No linear change	Not available <sup>§</sup>	No change
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
			2.1	1.7	2.4	2.1	No linear change	Not available	No change
	QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			33.0	33.6	29.9	28.7	Decreased, 2015-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>†</sup>Based on t-test analysis, p < 0.05.

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender								
			0.4	0.6	1.0	Increased, 2017-2021	Not available <sup>§</sup>	No change
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine								
	9.7	11.3	11.7	18.7	15.0	Increased, 2013-2021	Not available	Decreased
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)								
			15.4	13.6	15.0	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
10.6	9.5	10.2	5.5	8.9	10.9	No linear change	No quadratic change	No change
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			11.2	12.7	15.9	Increased, 2017-2021	Not available <sup>§</sup>	No change
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)								
63.8	56.8	50.2	50.9	41.0	34.2	Decreased, 2011-2021	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
5.2	3.8	3.0	1.7	5.1	3.4	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
10.3	8.1	5.9	6.4	6.8	3.7	Decreased, 2011-2021	No quadratic change	No change
QN96: Percentage of students who are sexually attracted to females and males								
		2.1	2.4	3.1	3.6	No linear change	Not available <sup>§</sup>	No change
QN97: Percentage of students who had oral sex								
42.1	33.7	33.3	34.6	36.3	22.7	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex								
17.3	12.6	12.5	11.5	17.4	7.7	Decreased, 2011-2021	No quadratic change	Decreased
QN101: Percentage of students who have been taught about AIDS or HIV infection in school								
79.9	78.1	79.1	80.4	73.9	63.2	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN102: Percentage of students who have had sex education in school								
			73.7	72.2	67.3	No linear change	Not available <sup>§</sup>	No change
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)								
				25.8	16.7	Decreased, 2019-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Male  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma								
18.0	19.8	18.7	20.9	18.8	18.3	No linear change	No quadratic change	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
			67.4	65.4	56.2	Decreased, 2017-2021	Not available <sup>§</sup>	Decreased
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school								
				66.1	65.0	No linear change	Not available	No change
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school								
				70.9	71.2	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Male  
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)						No linear change	Not available <sup>§</sup>	Increased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Female  
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
23.0	24.2	19.1	15.3	13.9	14.0	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	6.9	4.4	4.8	4.9	3.7	No linear change	Not available <sup>§</sup>	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
		16.1	15.4	17.9	9.2	No linear change	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			2.5	2.1	1.8	No linear change	Not available§	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
7.8	7.2	5.8	8.6	14.9	16.4	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
4.5	4.5	3.1	3.7	4.6	4.3	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
21.1	18.4	11.7	13.0	13.9	9.5	Decreased, 2011-2021	No quadratic change	Decreased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
9.5	10.2	6.8	8.0	7.5	11.1	No linear change	Decreased, 2011-2015 Increased, 2015-2021	Increased
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			11.7	12.2	13.1	No linear change	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Injury and Violence**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
<p>QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
	15.3	10.8	6.0	6.8	10.4	Decreased, 2013-2021	Not available <sup>§</sup>	No change
<p>QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)</p>								
	7.4	6.6	6.6	5.8	5.2	No linear change	Not available	No change
<p>QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)</p>								
16.7	16.8	16.3	14.9	14.3	11.8	Decreased, 2011-2021	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
16.0	9.9	11.7	13.9	11.8	12.5	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
36.5	38.4	37.1	37.6	43.4	53.4	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
19.3	18.5	17.6	16.3	16.8	22.6	No linear change	Decreased, 2011-2017 Increased, 2017-2021	Increased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
16.9	16.5	14.1	13.6	13.8	19.2	No linear change	Decreased, 2011-2017 Increased, 2017-2021	Increased
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
12.8	11.0	10.1	9.0	9.9	10.3	No linear change	No quadratic change	No change
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
4.0	3.5	2.2	2.0	3.4	2.7	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)								
38.3	32.2	21.8	18.6	14.9	12.2	Decreased, 2011-2021	No quadratic change	No change
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)								
			4.4	5.9	4.8	No linear change	Not available§	No change
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
6.8	6.7	3.0	1.7	1.6	1.6	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
0.9	0.3	0.7	0.3	0.1	0.0	Not available	Not available	Not available

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
0.7	0.3	0.6	0.3	0.1	0.0	Not available	Not available <sup>§</sup>	Not available
Q34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		41.3	35.3	42.4	31.0	Decreased, 2015-2021	Not available	Decreased
Q35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		15.8	3.4	11.8	11.3	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		0.3	0.7	1.1	1.6	Increased, 2015-2021	Not available <sup>§</sup>	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		0.3	0.7	1.0	0.9	Increased, 2015-2021	Not available	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		16.3	3.7	10.8	10.9	Decreased, 2015-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †			
2011	2013	2015	2017	2019	2021						
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)						2.0	2.5	1.9	No linear change	Not available <sup>§</sup>	No change
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)						0.3	0.3	0.3	No linear change	Not available	No change
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)						0.3	0.1	0.1	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Female  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)								
4.5	4.5	3.3	1.5	1.8	1.4	Decreased, 2011-2021	No quadratic change	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			4.0	11.2	11.1	Increased, 2017-2021	Not available <sup>§</sup>	No change
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
0.7	0.3	0.6	0.3	0.4	0.4	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
7.1	7.3	4.3	1.7	2.0	2.2	Decreased, 2011-2021	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
0.6	0.2	0.5	0.3	0.4	0.3	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
22.8	17.6	13.4	14.4	12.7	15.2	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
33.8	31.5	23.4	25.0	23.2	16.3	Decreased, 2011-2021	No quadratic change	Decreased
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			8.7	6.8	5.0	Decreased, 2017-2021	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use														
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†						
2011	2013	2015	2017	2019	2021									
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)						1.1	0.4	No linear change	Not available <sup>§</sup>	No change				
QN45: Percentage of students who ever used marijuana (one or more times during their life)						40.5	40.4	36.5	37.5	40.6	22.5	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN46: Percentage of students who tried marijuana for the first time before age 13 years						8.8	9.0	6.4	6.2	7.5	5.9	No linear change	No quadratic change	No change
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						19.8	20.7	15.9	19.2	21.9	10.7	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		6.4	4.9	7.0	5.2	No linear change	Not available <sup>§</sup>	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			10.3	16.4	13.9	Increased, 2017-2021	Not available	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
8.3	5.4	4.2	3.8	2.9	1.5	Decreased, 2011-2021	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Female

Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
16.8	12.7	8.0	6.6	7.0	8.3	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
1.3	1.8	1.1	1.0	1.9	1.1	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
5.2	3.8	2.2	2.7	2.0	1.4	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
16.7	11.5	3.9	3.1	3.0	2.4	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2019-2021 †
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
1.7	0.8	1.3	2.2	2.2	1.3	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
41.4	27.8	24.7	28.8	27.8	20.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
QN57: Percentage of students who ever had sexual intercourse	34.2	28.0	22.9	25.5	25.6	18.9	Decreased, 2011-2021	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.2	2.7	2.0	2.0	3.0	2.3	No linear change	No quadratic change	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	5.3	4.7	2.3	4.2	3.5	1.5	Decreased, 2011-2021	No quadratic change	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)					16.6	12.3	No linear change	Not available§	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>		
2011	2013	2015	2017	2019	2021					
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)						12.4	11.8	No linear change	Not available <sup>§</sup>	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)						40.5	55.0	Increased, 2019-2021	Not available	No change
16.5	14.5	12.1	10.7	10.2	6.7	Decreased, 2011-2021	No quadratic change	Decreased		
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)						9.7	4.9	Decreased, 2019-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Female

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN66: Percentage of students who described themselves as slightly or very overweight								
33.8	40.9	40.7	41.0	40.3	39.3	No linear change	Increased, 2011-2015 No change, 2015-2021	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§								
18.0	18.5	23.8	19.6	21.6	21.7	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§								
6.3	8.6	10.1	11.3	15.5	16.0	Increased, 2011-2021	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
				66.7	59.7	Decreased, 2019-2021	Not available¶	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

¶Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
8.9	7.3	6.2	6.3	8.4	11.4	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
25.7	24.2	31.8	34.4	36.2	28.1	Increased, 2011-2021	Increased, 2011-2017 Decreased, 2017-2021	Decreased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
17.3	14.8	8.3	9.1	8.6	8.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2019-2021†
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
11.7	8.7	4.8	5.1	4.8	5.0	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	14.9	13.1	12.4	16.4	25.7	Increased, 2013-2021	Not available <sup>§</sup>	Increased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	31.0	35.7	32.8	26.8	19.2	Decreased, 2013-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
31.4	38.1	39.1	40.2	30.2	28.8	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
21.8	17.9	16.1	16.3	21.8	21.9	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
13.3	16.1	16.5	17.0	15.4	13.0	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Physical Activity**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)								
63.6	59.4	60.8	60.3	57.3	57.8	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)								
35.5	33.2	39.2	43.0	24.8	25.0	No linear change	No quadratic change	No change
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)								
			15.3	13.3	12.6	No linear change	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)									
			71.0	73.1	70.3	72.0	No linear change	Not available <sup>§</sup>	No change
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)									
			1.7	1.7	1.7	0.7	No linear change	Not available	No change
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)									
			27.5	27.4	21.6	26.9	No linear change	Not available	Increased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Site-Added**

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
	2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender				1.4	1.1	2.1	No linear change	Not available <sup>§</sup>	No change
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine	10.3	13.9	16.7	22.1	20.4	Increased, 2013-2021	Not available	No change	
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)			13.1	16.1	15.4	No linear change	Not available	No change	

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
8.0	9.9	8.4	5.6	8.0	12.9	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			19.5	20.9	29.9	Increased, 2017-2021	Not available <sup>§</sup>	Increased
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)								
66.3	63.3	55.7	58.3	51.7	41.4	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
1.8	2.5	1.8	3.3	1.5	1.8	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
8.5	5.1	5.9	5.9	5.4	3.8	Decreased, 2011-2021	No quadratic change	No change
QN96: Percentage of students who are sexually attracted to females and males								
		8.1	11.9	15.6	23.8	Increased, 2015-2021	Not available <sup>§</sup>	Increased
QN97: Percentage of students who had oral sex								
29.6	22.5	20.2	25.2	28.7	17.5	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex								
9.9	6.6	7.7	6.3	9.0	5.4	No linear change	No quadratic change	No change
QN101: Percentage of students who have been taught about AIDS or HIV infection in school								
84.2	80.8	77.2	72.4	74.8	57.3	Decreased, 2011-2021	No quadratic change	Decreased
QN102: Percentage of students who have had sex education in school								
			66.8	71.8	62.2	No linear change	Not available <sup>§</sup>	Decreased
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)								
				25.0	18.4	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Female  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma								
14.3	18.6	20.6	21.0	18.1	16.8	No linear change	Increased, 2011-2015 No change, 2015-2021	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
			67.2	63.1	57.4	Decreased, 2017-2021	Not available <sup>§</sup>	No change
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school								
				58.8	57.3	No linear change	Not available	No change
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school								
				64.0	62.2	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Female  
Site-Added

Health Risk Behavior and Percentages

Linear Change\*

Quadratic Change\*

Change from  
2019-2021 †

2011

2013

2015

2017

2019

2021

QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

62.8

66.1

63.4

No linear change

Not available<sup>§</sup>

No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\***  
**Injury and Violence**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
14.8	21.4	20.8	14.9	6.4	10.5	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			4.3	0.0	2.7	Not available	Not available <sup>¶</sup>	Not available
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
4.9	2.8	7.0	12.1	10.4	5.3	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\***  
**Injury and Violence**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
6.4	4.4	6.5	5.3	5.7	4.2	No linear change	No quadratic change	No change
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
24.2	19.4	17.1	11.6	12.8	12.1	Decreased, 2011-2021	No quadratic change	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
7.8	8.3	7.2	2.9	6.5	4.7	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\***  
**Injury and Violence**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			7.9	4.0	11.8	No linear change	Not available <sup>¶</sup>	No change
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
15.3	12.2	17.8	14.5	21.7	13.2	No linear change	No quadratic change	No change
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
16.5	14.2	12.2	12.5	10.1	10.3	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\***  
**Injury and Violence**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
17.8	28.3	28.4	27.6	33.2	28.6	Increased, 2011-2021	No quadratic change	No change
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
12.1	12.4	12.2	14.5	6.8	15.4	No linear change	No quadratic change	No change
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
12.6	18.0	10.3	12.6	6.6	11.7	No linear change	No quadratic change	No change
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
7.3	6.2	7.8	10.9	0.0	4.6	Not available	Not available <sup>¶</sup>	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White\*  
Injury and Violence

Health Risk Behavior and Percentages

Linear Change<sup>†</sup>

Quadratic Change<sup>†</sup>

Change from  
2019-2021<sup>§</sup>

2011	2013	2015	2017	2019	2021			
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
2.8	0.8	0.8	6.1	0.0	2.0	Not available	Not available <sup>¶</sup>	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)								
34.0	33.7	25.6	24.1	22.3	11.9	Decreased, 2011-2021	No quadratic change	No change
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)								
			6.6	9.1	2.4	No linear change	Not available <sup>¶</sup>	No change
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
9.5	8.7	8.8	2.4	4.1	0.6	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
1.9	0.7	2.6	0.0	0.0	0.0	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Tobacco Use						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
1.6	0.0	2.5	0.0	0.0	0.0	Not available	Not available <sup>¶</sup>	Not available	
Q34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])									
		36.6	36.2	39.1	23.5	No linear change	Not available	Decreased	
Q35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)									
		22.5	8.5	15.0	10.5	Decreased, 2015-2021	Not available	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Tobacco Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		2.1	1.2	0.0	2.4	Not available	Not available <sup>¶</sup>	Not available
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		2.1	0.0	0.0	1.9	Not available	Not available	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		21.7	9.5	13.2	6.5	Decreased, 2015-2021	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			1.8	1.8	4.8	No linear change	Not available <sup>¶</sup>	Increased
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)								
			0.0	0.0	0.0	Not available	Not available	Not available
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)								
			0.0	0.0	0.0	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)								
7.9	9.1	7.2	2.3	6.0	2.6	Decreased, 2011-2021	No quadratic change	No change
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			10.5	13.4	6.5	No linear change	Not available <sup>¶</sup>	No change
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
2.0	0.8	1.6	1.2	0.0	0.0	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.



2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White\*  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
11.6	11.4	9.0	2.5	4.2	0.6	Decreased, 2011-2021	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
1.6	0.8	1.0	1.2	0.0	0.0	Not available	Not available <sup>¶</sup>	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
18.0	20.2	19.0	11.8	13.9	11.1	No linear change	No quadratic change	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
30.4	38.7	28.1	29.6	22.1	14.9	Decreased, 2011-2021	No quadratic change	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			9.3	3.8	3.7	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Alcohol and Other Drug Use														
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>						
2011	2013	2015	2017	2019	2021									
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)						0.0	0.0	Not available	Not available <sup>¶</sup>	Not available				
QN45: Percentage of students who ever used marijuana (one or more times during their life)						30.1	34.7	28.5	30.2	31.9	12.6	Decreased, 2011-2021	No quadratic change	Decreased
QN46: Percentage of students who tried marijuana for the first time before age 13 years						4.5	8.4	8.7	2.2	10.1	2.9	No linear change	No quadratic change	No change
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						14.0	23.8	18.2	21.2	26.0	6.5	No linear change	No change, 2011-2017 No change, 2017-2021	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		8.8	4.4	6.8	7.6	No linear change	Not available <sup>¶</sup>	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			11.1	8.9	10.1	No linear change	Not available	No change
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
3.8	8.1	4.4	5.7	2.7	2.9	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White* Alcohol and Other Drug Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
11.3	13.4	6.9	7.7	2.0	10.8	No linear change	No quadratic change	Increased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
6.0	4.7	5.1	2.7	1.6	4.9	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
5.3	6.8	7.4	3.5	1.6	4.9	No linear change	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
12.6	10.9	9.1	5.1	0.0	5.5	Not available	Not available <sup>¶</sup>	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White* Alcohol and Other Drug Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
3.7	5.0	2.9	2.2	1.6	2.0	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
32.1	37.3	30.3	32.4	22.2	19.5	Decreased, 2011-2021	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN57: Percentage of students who ever had sexual intercourse								
29.3	22.2	20.9	21.9	24.7	14.2	Decreased, 2011-2021	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years								
4.4	3.5	5.4	1.4	0.0	0.6	Not available	Not available <sup>¶</sup>	Not available
QN59: Percentage of students who had sexual intercourse with four or more persons during their life								
8.2	11.9	7.6	5.7	3.0	2.3	Decreased, 2011-2021	No quadratic change	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)								
				18.3	10.0	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White* Sexual Behaviors						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
7.6	9.6	9.7	11.8	5.5	6.8	No linear change	No quadratic change	No change
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				4.0	3.0	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN66: Percentage of students who described themselves as slightly or very overweight								
30.4	31.5	27.1	26.8	28.2	19.7	No linear change	No quadratic change	No change
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>¶</sup>								
11.1	16.8	12.9	14.8	14.4	15.3	No linear change	No quadratic change	No change
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>¶</sup>								
6.5	6.6	9.0	6.8	12.8	13.3	Increased, 2011-2021	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
				42.3	39.1	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

\*\*Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
4.0	2.6	10.8	11.2	3.7	8.6	No linear change	No quadratic change	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
24.5	30.9	36.4	39.0	38.0	45.7	Increased, 2011-2021	No quadratic change	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
23.2	8.5	11.3	8.0	12.2	5.2	Decreased, 2011-2021	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>White*</b> <b>Weight Management and Dietary Behaviors</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
15.2	4.6	7.8	4.2	6.2	2.0	Decreased, 2011-2021	No quadratic change	No change
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	13.5	13.1	15.2	20.3	18.3	No linear change	Not available <sup>¶</sup>	No change
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	35.1	46.9	34.7	32.8	35.7	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Physical Activity						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
41.7	48.2	54.4	44.9	24.4	48.2	No linear change	No quadratic change	Increased	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
14.3	10.2	8.1	17.1	15.6	11.6	No linear change	No quadratic change	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
20.8	15.8	28.7	22.2	16.6	18.0	No linear change	No quadratic change	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Physical Activity						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)									
68.7	65.0	67.4	46.7	38.9	61.3	No linear change	No quadratic change	No change	
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)									
43.3	51.0	45.9	31.0	21.2	30.6	No linear change	No quadratic change	No change	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)									
			17.9	9.9	13.1	No linear change	Not available <sup>¶</sup>	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White* Other	Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
	2011	2013	2015	2017	2019	2021			
	QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			76.9	82.1	76.3	79.1	No linear change	Not available <sup>¶</sup>	No change
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
			1.5	0.0	2.7	1.5	Not available	Not available	No change
	QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			31.3	22.3	19.8	36.7	No linear change	Not available	Increased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender						Not available	Not available <sup>¶</sup>	Not available
			1.0	0.0	2.7			
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine						No linear change	Not available	No change
	9.4	9.2	5.2	9.4	18.5			
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)						No linear change	Not available	No change
			17.0	29.3	20.2			

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White\*  
Site-Added

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
12.6	8.6	14.6	6.3	10.1	19.9	No linear change	No quadratic change	Increased
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			19.0	15.9	19.3	No linear change	Not available <sup>¶</sup>	No change
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)								
60.7	59.4	55.5	54.7	58.1	40.4	Decreased, 2011-2021	No quadratic change	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
4.1	6.2	4.1	3.2	1.8	6.8	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
8.0	9.7	6.1	4.0	3.4	5.6	Decreased, 2011-2021	No quadratic change	No change
QN96: Percentage of students who are sexually attracted to females and males								
		4.8	6.8	3.4	8.3	No linear change	Not available <sup>¶</sup>	No change
QN97: Percentage of students who had oral sex								
34.2	29.0	26.8	30.4	23.7	17.8	Decreased, 2011-2021	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**White\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex								
12.0	10.1	7.5	7.8	9.3	4.3	Decreased, 2011-2021	No quadratic change	No change
QN101: Percentage of students who have been taught about AIDS or HIV infection in school								
84.3	86.6	72.6	81.6	73.3	58.7	Decreased, 2011-2021	No quadratic change	No change
QN102: Percentage of students who have had sex education in school								
			68.5	75.2	78.4	No linear change	Not available <sup>¶</sup>	No change
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)								
				21.3	18.6	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

White\*  
Site-Added

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma								
16.4	16.8	14.6	22.4	8.2	17.6	No linear change	No quadratic change	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
			69.3	77.2	56.5	No linear change	Not available <sup>¶</sup>	No change
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school								
				66.3	61.3	No linear change	Not available	No change
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school								
				75.9	68.2	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

White\*  
Site-Added

Health Risk Behavior and Percentages

Linear Change<sup>†</sup>

Quadratic Change<sup>†</sup>

Change from  
2019-2021<sup>§</sup>

2011	2013	2015	2017	2019	2021			
QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
			80.6	63.1	81.2	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Injury and Violence						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)									
31.8	17.3	22.8	5.8	15.7	10.5	Decreased, 2011-2021	No quadratic change	No change	
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)									
			5.5	4.2	4.2	No linear change	Not available <sup>¶</sup>	No change	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
9.4	5.7	6.3	6.9	15.6	8.1	No linear change	No quadratic change	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Injury and Violence						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)									
15.2	4.7	8.4	8.0	5.8	6.1	No linear change	No quadratic change	No change	
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)									
42.9	28.5	31.7	21.6	21.8	23.4	Decreased, 2011-2021	No quadratic change	No change	
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)									
7.1	7.0	10.2	5.1	8.7	13.5	No linear change	No quadratic change	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black* Injury and Violence						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			9.4	7.4	8.9	No linear change	Not available <sup>¶</sup>	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	3.6	9.6	4.0	0.0	6.8	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black* Injury and Violence</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
2011	2013	2015	2017	2019	2021			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	6.1	10.7	14.2	0.0	4.4	Not available	Not available <sup>¶</sup>	Not available
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
17.4	12.5	12.3	8.7	8.7	10.3	No linear change	No quadratic change	No change
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
13.7	5.1	14.7	8.7	13.2	9.3	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black* Injury and Violence</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
2011	2013	2015	2017	2019	2021			
QN25: Percentage of students who felt sad or hopeless (almost every day for $\geq 2$ weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
28.1	21.1	25.5	27.9	29.1	37.9	No linear change	No change, 2011-2017 No change, 2017-2021	No change
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
16.1	11.7	11.5	14.0	19.0	20.0	No linear change	No quadratic change	No change
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
16.5	13.9	15.4	9.7	17.7	16.7	No linear change	No quadratic change	No change
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
15.1	9.9	5.8	6.6	14.4	15.3	No linear change	No change, 2011-2015 Increased, 2015-2021	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black\*  
Injury and Violence

Health Risk Behavior and Percentages

Linear Change<sup>†</sup>

Quadratic Change<sup>†</sup>

Change from  
2019-2021<sup>§</sup>

2011	2013	2015	2017	2019	2021			
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
5.7	1.6	1.2	2.9	7.4	4.5	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Tobacco Use						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)									
31.2	25.2	24.7	7.2	10.2	5.5	Decreased, 2011-2021	No quadratic change	No change	
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)									
			5.5	1.7	3.1	No linear change	Not available <sup>¶</sup>	No change	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)									
8.6	4.2	0.3	2.5	2.0	0.7	No linear change	No quadratic change	No change	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)									
5.4	1.4	0.0	1.2	0.0	0.0	Not available	Not available	Not available	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Tobacco Use						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
5.4	1.4	0.0	1.2	0.0	0.0	Not available	Not available <sup>¶</sup>	Not available	
Q34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])									
		42.6	39.4	41.0	29.1	No linear change	Not available	Decreased	
Q35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)									
		12.6	6.2	6.0	12.1	No linear change	Not available	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Tobacco Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		0.0	2.5	0.0	0.0	Not available	Not available <sup>¶</sup>	Not available
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		0.0	2.5	0.0	0.0	Not available	Not available	Not available
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		11.5	6.7	8.6	12.2	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Tobacco Use						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>		
2011	2013	2015	2017	2019	2021						
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)						5.5	0.0	1.1	Not available	Not available <sup>¶</sup>	Not available
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)						1.1	0.0	0.0	Not available	Not available	Not available
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)						1.1	0.0	0.0	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Tobacco Use						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)									
13.6	6.8	8.1	2.4	5.0	4.1	No linear change	No quadratic change	No change	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)									
			7.0	9.0	11.7	No linear change	Not available <sup>¶</sup>	No change	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)									
3.5	1.3	2.4	1.1	5.0	1.8	No linear change	No quadratic change	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black\*  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
12.8	5.4	5.2	2.6	5.3	4.3	No linear change	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
3.5	1.3	1.4	1.1	3.7	1.8	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Alcohol and Other Drug Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
21.3	13.0	21.2	12.6	14.8	7.9	No linear change	No quadratic change	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
31.6	14.1	16.1	6.5	19.5	8.5	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	Decreased
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			1.2	4.1	3.9	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Alcohol and Other Drug Use														
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>						
2011	2013	2015	2017	2019	2021									
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)						1.5	1.3	No linear change	Not available <sup>¶</sup>	No change				
QN45: Percentage of students who ever used marijuana (one or more times during their life)						52.7	35.7	43.4	36.8	41.2	33.7	No linear change	No quadratic change	No change
QN46: Percentage of students who tried marijuana for the first time before age 13 years						20.4	8.7	8.9	10.4	9.7	6.4	No linear change	No quadratic change	No change
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)						32.0	20.9	22.8	16.1	24.0	22.3	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		4.8	8.9	4.6	6.3	No linear change	Not available <sup>¶</sup>	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			9.9	26.4	8.1	No linear change	Not available	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
7.5	3.7	4.0	5.2	5.6	0.0	Not available	Not available	Not available

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
8.9	8.5	7.8	5.2	5.0	3.9	No linear change	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
7.5	3.4	2.8	4.2	3.4	2.0	No linear change	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
6.7	5.3	3.2	4.1	3.5	0.0	Not available	Not available <sup>¶</sup>	Not available
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
11.7	9.0	2.3	4.2	6.5	0.7	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Alcohol and Other Drug Use						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
5.4	0.0	3.9	5.8	3.4	0.7	Not available	Not available <sup>¶</sup>	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
33.7	26.5	28.1	32.8	25.8	15.6	No linear change	No quadratic change	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Sexual Behaviors						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN57: Percentage of students who ever had sexual intercourse									
52.1	39.6	38.0	32.8	43.1	30.4	Decreased, 2011-2021	No quadratic change	Decreased	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years									
10.5	6.9	8.6	7.6	11.5	5.9	No linear change	No quadratic change	No change	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life									
22.6	13.7	10.6	10.9	11.7	6.6	Decreased, 2011-2021	No quadratic change	No change	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)									
				22.0	19.3	No linear change	Not available <sup>¶</sup>	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black* Sexual Behaviors						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
Health Risk Behavior and Percentages								
2011	2013	2015	2017	2019	2021			
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
27.6	17.0	14.2	12.2	25.8	7.7	No linear change	No quadratic change	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				17.5	7.3	No linear change	Not available <sup>¶</sup>	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black*</b> <b>Weight Management and Dietary Behaviors</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
2011	2013	2015	2017	2019	2021			
QN66: Percentage of students who described themselves as slightly or very overweight								
18.0	23.6	30.2	24.5	30.5	30.7	Increased, 2011-2021	No quadratic change	No change
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>¶</sup>								
27.4	11.2	21.4	10.5	18.4	22.2	No linear change	No change, 2011-2017 Increased, 2017-2021	No change
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) <sup>¶</sup>								
5.2	13.7	11.9	19.1	21.6	18.6	Increased, 2011-2021	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
				56.5	40.0	Decreased, 2019-2021	Not available	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

\*\*Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black*</b> <b>Weight Management and Dietary Behaviors</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
2011	2013	2015	2017	2019	2021			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
28.2	23.0	16.6	15.8	8.3	18.0	Decreased, 2011-2021	No quadratic change	Increased
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
26.1	21.1	33.1	32.1	36.8	43.8	Increased, 2011-2021	No quadratic change	No change
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
22.6	13.1	8.5	11.3	5.4	12.7	No linear change	No quadratic change	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black*</b> <b>Weight Management and Dietary Behaviors</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
<b>2011</b>	<b>2013</b>	<b>2015</b>	<b>2017</b>	<b>2019</b>	<b>2021</b>			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
20.0	11.3	5.3	10.2	2.8	10.9	No linear change	No quadratic change	Increased
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	13.5	11.6	12.8	9.6	19.4	No linear change	Not available <sup>¶</sup>	Increased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	28.3	28.6	27.0	23.8	26.1	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

Black* Physical Activity						Health Risk Behavior and Percentages	Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021				
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
41.9	48.3	48.1	47.6	37.7	42.9	No linear change	No quadratic change	No change	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
29.1	13.0	18.0	20.7	24.5	14.6	No linear change	No quadratic change	No change	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)									
15.9	22.1	24.8	22.9	24.4	27.5	Increased, 2011-2021	No quadratic change	No change	

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

<b>Black* Physical Activity</b>								
<b>Health Risk Behavior and Percentages</b>						<b>Linear Change<sup>†</sup></b>	<b>Quadratic Change<sup>†</sup></b>	<b>Change from 2019-2021<sup>§</sup></b>
2011	2013	2015	2017	2019	2021			
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)								
45.3	62.8	65.1	57.7	50.2	53.7	No linear change	Increased, 2011-2015 No change, 2015-2021	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)								
29.1	31.7	24.4	45.1	25.0	37.3	No linear change	No quadratic change	No change
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)								
			13.5	11.0	15.9	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black* Other	Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
	2011	2013	2015	2017	2019	2021			
	QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			71.5	58.8	56.2	73.4	No linear change	Not available <sup>¶</sup>	Increased
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
			1.5	4.1	1.4	2.1	No linear change	Not available	No change
	QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			27.0	26.6	15.9	28.3	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black\*  
Site-Added

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender								
			0.0	0.0	1.3	Not available	Not available <sup>¶</sup>	Not available
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine								
	7.5	8.4	3.3	8.3	7.9	No linear change	Not available	No change
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)								
			22.3	24.7	18.0	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Black\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
10.0	13.0	11.3	2.2	11.4	17.8	No linear change	No quadratic change	No change
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			12.7	19.0	19.6	No linear change	Not available <sup>¶</sup>	No change
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)								
57.9	47.3	50.1	42.4	37.1	25.7	Decreased, 2011-2021	No quadratic change	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Black\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
5.8	3.3	2.2	2.9	3.4	0.7	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
12.0	5.7	7.6	6.2	3.8	2.5	No linear change	No quadratic change	No change
QN96: Percentage of students who are sexually attracted to females and males								
		9.6	8.1	14.2	10.9	No linear change	Not available <sup>¶</sup>	No change
QN97: Percentage of students who had oral sex								
54.0	38.0	37.7	31.4	35.3	24.1	Decreased, 2011-2021	No quadratic change	Decreased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Black\*  
Site-Added**

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex								
14.8	8.2	10.3	5.3	9.9	4.7	No linear change	No quadratic change	No change
QN101: Percentage of students who have been taught about AIDS or HIV infection in school								
81.2	73.4	77.4	78.2	88.1	65.6	No linear change	No quadratic change	Decreased
QN102: Percentage of students who have had sex education in school								
			67.1	78.8	64.8	No linear change	Not available <sup>¶</sup>	No change
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)								
				35.3	23.5	No linear change	Not available	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>§</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black\*  
Site-Added

Health Risk Behavior and Percentages						Linear Change <sup>†</sup>	Quadratic Change <sup>†</sup>	Change from 2019-2021 <sup>§</sup>
2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma								
20.5	24.1	34.7	32.6	18.4	30.4	No linear change	No quadratic change	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
			68.9	70.5	64.8	No linear change	Not available <sup>¶</sup>	No change
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school								
				57.2	67.6	Increased, 2019-2021	Not available	Increased
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school								
				54.3	71.7	Increased, 2019-2021	Not available	Increased

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Black\*  
Site-Added

Health Risk Behavior and Percentages

Linear Change<sup>†</sup>

Quadratic Change<sup>†</sup>

Change from  
2019-2021<sup>§</sup>

2011	2013	2015	2017	2019	2021			
QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)								
			64.4	66.5	71.0	No linear change	Not available <sup>¶</sup>	No change

\*Non-Hispanic.

<sup>†</sup>Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

<sup>§</sup>Based on t-test analysis, p < 0.05.

<sup>¶</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
25.1	24.2	20.2	16.2	14.7	14.1	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	8.1	5.1	5.1	4.0	3.6	Decreased, 2013-2021	Not available <sup>§</sup>	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
		17.2	15.3	16.3	11.5	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			3.0	4.6	2.3	No linear change	Not available§	Decreased
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
7.3	6.8	6.0	7.0	13.1	14.1	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)								
6.7	6.5	4.0	4.3	5.3	5.4	No linear change	Decreased, 2011-2017 No change, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)								
27.8	22.3	14.5	14.8	20.2	11.5	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	Decreased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
7.9	8.7	5.9	7.8	7.4	8.2	No linear change	No quadratic change	No change
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)								
			8.2	9.8	9.0	No linear change	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	12.2	8.1	5.0	5.6	7.1	Decreased, 2013-2021	Not available <sup>§</sup>	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	7.4	6.4	6.0	5.7	5.6	No linear change	Not available	No change
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)								
14.0	14.2	13.9	13.1	12.6	9.8	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)								
11.9	8.0	7.8	11.3	8.7	10.2	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
28.9	29.8	30.4	31.0	33.8	42.5	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
13.9	13.5	14.0	12.2	12.3	17.6	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)								
13.5	10.6	12.2	10.8	10.2	14.7	No linear change	No change, 2011-2017 Increased, 2017-2021	Increased
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
10.2	8.4	8.2	7.7	9.6	9.3	No linear change	No quadratic change	No change
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
3.9	3.5	2.1	2.1	3.7	3.4	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)								
41.9	35.6	24.8	18.1	15.2	11.9	Decreased, 2011-2021	No quadratic change	No change
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)								
			5.6	6.2	4.8	No linear change	Not available§	No change
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
9.5	7.0	4.3	2.4	2.5	1.7	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
1.7	0.6	0.9	0.5	0.2	0.0	Not available	Not available	Not available

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
1.0	0.3	0.7	0.5	0.2	0.0	Not available	Not available <sup>§</sup>	Not available
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		44.7	36.9	39.3	27.4	Decreased, 2015-2021	Not available	Decreased
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		16.9	4.0	13.1	7.8	Decreased, 2015-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		1.1	0.7	1.9	1.3	No linear change	Not available <sup>§</sup>	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		0.7	0.7	1.6	0.6	No linear change	Not available	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		17.8	4.8	11.7	7.4	Decreased, 2015-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)								
			1.7	3.4	2.3	No linear change	Not available <sup>§</sup>	No change
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)								
			0.6	0.5	0.1	No linear change	Not available	No change
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)								
			0.6	0.3	0.1	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic  
Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)								
8.2	6.2	3.7	2.6	3.5	1.3	Decreased, 2011-2021	No quadratic change	Decreased
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)								
			5.3	12.3	7.7	No linear change	Not available <sup>§</sup>	Decreased
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)								
1.4	0.3	0.7	0.6	0.5	0.1	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Tobacco Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)								
10.2	8.2	5.0	2.9	3.1	2.0	Decreased, 2011-2021	No quadratic change	No change
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)								
1.2	0.2	0.5	0.6	0.5	0.1	No linear change	No quadratic change	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)								
27.5	18.9	14.7	17.1	16.4	14.8	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
34.7	29.4	22.4	24.0	21.7	15.0	Decreased, 2011-2021	No quadratic change	Decreased
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			8.8	6.5	4.5	Decreased, 2017-2021	Not available <sup>§</sup>	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)								
				1.7	0.8	No linear change	Not available <sup>§</sup>	No change
QN45: Percentage of students who ever used marijuana (one or more times during their life)								
43.8	42.2	35.6	38.4	39.2	20.3	Decreased, 2011-2021	Decreased, 2011-2017 Decreased, 2017-2021	Decreased
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
12.3	9.9	7.7	7.7	8.3	5.8	Decreased, 2011-2021	No quadratic change	Decreased
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
22.9	21.0	15.8	20.0	21.8	9.3	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		6.3	6.6	9.0	5.2	No linear change	Not available <sup>§</sup>	Decreased
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			10.8	15.7	12.3	No linear change	Not available	Decreased
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
10.0	7.1	5.2	3.2	5.7	2.1	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)								
16.6	11.1	7.6	5.4	6.5	7.5	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
3.5	2.9	1.3	1.4	4.6	1.8	No linear change	No quadratic change	Decreased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
7.1	5.4	2.9	2.2	3.6	1.7	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
17.9	11.7	4.1	3.7	5.0	3.3	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Hispanic  
Alcohol and Other Drug Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
2.9	2.2	1.3	2.7	3.1	2.0	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
41.4	29.2	27.3	29.5	30.2	21.4	Decreased, 2011-2021	Decreased, 2011-2015 Decreased, 2015-2021	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
QN57: Percentage of students who ever had sexual intercourse	39.7	34.6	27.8	31.8	30.2	20.8	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	5.3	3.6	3.2	4.1	3.6	2.6	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	7.6	6.8	5.0	7.3	5.9	3.2	Decreased, 2011-2021	No quadratic change	Decreased
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)					17.5	12.4	Decreased, 2019-2021	Not available§	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
				13.5	15.7	No linear change	Not available <sup>§</sup>	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
				50.9	59.5	No linear change	Not available	No change
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
16.9	16.0	13.6	10.5	11.3	7.0	Decreased, 2011-2021	No quadratic change	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				10.0	4.4	Decreased, 2019-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN66: Percentage of students who described themselves as slightly or very overweight								
33.6	38.5	38.0	40.2	39.4	41.7	Increased, 2011-2021	No quadratic change	No change
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§								
16.4	19.6	20.8	20.4	20.0	20.8	Increased, 2011-2021	No quadratic change	No change
QNOBESE: Percentage of students who had obesity ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§								
15.3	15.2	14.6	17.4	22.0	22.4	Increased, 2011-2021	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight								
				59.1	58.2	No linear change	Not available¶	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

¶Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)								
8.4	8.7	7.3	7.5	11.4	12.5	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	No change
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)								
20.7	22.3	24.0	26.4	31.6	24.9	Increased, 2011-2021	No quadratic change	Decreased
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
21.2	18.2	12.2	12.5	11.2	12.6	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic

#### Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)								
12.3	10.7	6.5	7.4	6.9	7.4	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)								
	14.6	11.5	11.6	16.2	23.1	Increased, 2013-2021	Not available <sup>§</sup>	Increased
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)								
	35.6	39.2	35.8	29.0	21.6	Decreased, 2013-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
37.9	43.2	45.7	48.7	38.3	33.4	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
17.3	15.4	13.8	14.0	17.9	19.4	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
20.4	23.1	22.2	24.9	20.3	16.7	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic  
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)								
64.7	60.3	60.7	65.4	63.9	59.0	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)								
32.8	32.4	37.5	44.7	28.2	26.1	No linear change	No quadratic change	No change
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)								
			16.3	18.3	14.2	No linear change	Not available§	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
	2011	2013	2015	2017	2019	2021			
	QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)								
			69.3	71.7	67.6	68.6	No linear change	Not available <sup>§</sup>	No change
	QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)								
			1.8	1.8	2.3	1.3	No linear change	Not available	No change
	QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)								
			32.1	33.5	27.9	27.8	Decreased, 2015-2021	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic  
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021†
2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender						No linear change	Not available <sup>§</sup>	No change
	9.6	13.7	16.9	22.8	18.9	Increased, 2013-2021	Not available	Decreased
QN90: Percentage of students who have been the victim of teasing or name calling because of their race or ethnic background (during the 12 months before the survey)						No linear change	Not available	No change
			11.8	11.2	12.8			

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Hispanic  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
8.3	9.5	8.5	6.0	8.5	10.6	No linear change	No quadratic change	No change
QN92: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
			15.1	16.3	23.1	Increased, 2017-2021	Not available <sup>§</sup>	Increased
QN93: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)								
67.4	63.4	55.0	56.8	46.7	38.6	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN94: Percentage of students who ever took steroid pills or shots without a doctor's prescription (one or more times during their life)								
3.4	3.2	2.0	2.8	3.8	2.2	No linear change	No quadratic change	No change
QN95: Percentage of students who have taken over-the-counter drugs to get high (one or more times during their life)								
9.6	7.0	5.5	6.6	6.6	3.5	Decreased, 2011-2021	No quadratic change	Decreased
QN96: Percentage of students who are sexually attracted to females and males								
		5.2	7.0	9.6	14.8	Increased, 2015-2021	Not available <sup>§</sup>	Increased
QN97: Percentage of students who had oral sex								
34.7	27.5	25.0	31.0	32.2	20.4	Decreased, 2011-2021	No quadratic change	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

#### Hispanic Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN98: Percentage of students who had anal sex								
14.6	10.4	9.9	10.2	14.6	6.8	Decreased, 2011-2021	No quadratic change	Decreased
QN101: Percentage of students who have been taught about AIDS or HIV infection in school								
81.7	79.3	78.8	76.0	72.7	59.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN102: Percentage of students who have had sex education in school								
			70.7	71.1	63.6	No linear change	Not available <sup>§</sup>	Decreased
QN103: Percentage of students who went to the school-based health center at their school one or more times (during the 12 months before the survey, among students whose school has a school-based health center)								
				24.1	17.1	Decreased, 2019-2021	Not available	Decreased

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.



## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Los Angeles High School Survey 10-year Trend Analysis Report

**Hispanic  
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 <sup>†</sup>
2011	2013	2015	2017	2019	2021			
QN104: Percentage of students who have ever been told by a doctor or a nurse that they have asthma								
15.4	18.8	17.8	19.2	18.7	15.9	No linear change	No change, 2011-2017 No change, 2017-2021	No change
QN106: Percentage of students who reported there is at least one teacher or other adult in their school that they can talk to if they have a problem								
			67.6	62.3	56.7	Decreased, 2017-2021	Not available <sup>§</sup>	Decreased
QN107: Percentage of students who strongly agree or agree that they feel like they belong at their school								
				63.3	60.8	No linear change	Not available	No change
QN108: Percentage of students who strongly agree or agree that they feel close to people at their school								
				67.8	66.9	No linear change	Not available	No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

<sup>†</sup>Based on t-test analysis,  $p < 0.05$ .

<sup>§</sup>Not enough years of data to calculate.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Los Angeles High School Survey  
10-year Trend Analysis Report

Hispanic  
Site-Added

Health Risk Behavior and Percentages

Linear Change\*

Quadratic Change\*

Change from  
2019-2021 †

2011      2013      2015      2017      2019      2021

QN109: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)

54.0      56.0      57.7      No linear change      Not available<sup>§</sup>      No change

\*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade,  $p < 0.05$ .

†Based on t-test analysis,  $p < 0.05$ .

§Not enough years of data to calculate.